

GREENLAND GRAPEVINE

A Community Newsletter for the Town of Greenland NH

Vol. 8 Issue 4

Winter 2014

“Remembrance Park” Rededicated

By Wally Berg

The morning of 11 November 2014 broke bright and clear over the beautiful town of Greenland NH. The temperature was a brisk 40 degrees, but it was forecasted to reach the mid-fifties by midday. It was a wonderful day to rededicate “Remembrance Park,” the town’s memorial park dedicated to those who have and who are serving. The official rededication ceremony began promptly on the 11th hour on the 11th day of the 11th month to remember and honor the armistice signing that ended World War I, now a national holiday called “Veterans Day.”

A citizens’ veterans’ committee embarked last fall on an ambitious project to upgrade and renovate the existing Remembrance Park located on Post Road. The objective was to research and honor our colonial ancestors who fought for our freedoms during our nation’s formative years, provide a public monument for a Medal of Honor Recipient buried within our borders, and, lastly, provide an inscription monument for those presently serving and for those future generations who will serve. To meet these needs, new dedicatory stones were needed. No veterans’ names have been added since the end of the Vietnam War, almost 40 years ago. The research to find these names is



The flag was raised, and the newly refurbished cannons were fired during the rededication ceremonies at Remembrance Park. Photos by John Hirtle



ongoing and cannot be easily completed without the assistance of those who live here!

A flawless program was conducted by Kevin Forrest, Vaughan Morgan, and other members of the committee. After opening remarks, a USN Honor Guard from the Portsmouth Naval Shipyard

presented the colors, and the Pledge of Allegiance was rendered by all. Reverend Dan Weaver of Greenland’s United Methodist Church gave the invocation, and the National Anthem was sung by a very young man of 10 years, Mr. Ryan Menter, who frequently sings with the Pease Greeters when they welcome the troops. Mr. Bud Fitch, from US Senator

Kelly Ayotte’s office, presented a memorial flag that was recently flown over the Capitol in Washington DC. When the Memorial Flag was raised by members of Greenland’s Scout Troop 158, a musket salute was fired by the 1st Newmarket Colonial Militia. The squad of six was indeed handsome in their colonial uniforms.

The keynote address was given by Pam Tucker, Greenland’s District Representative in the NH House of Representatives. Mr. Forrest then recognized the Van Etten family members present, and read Mr. Hudson Van Etten’s Medal of Honor citation from the Spanish American War. Reverend Weaver concluded the formal part of the program with a benediction.

Concluding program remarks were made by Wallace Berg (WWII veteran), which included some historical “snap shots” from his notes on a few of Greenland’s other WWII veterans. These included nurse Ruth Ladd with General Patton (Normandy), Calvin Wilder, firebombing (Tokyo), Paul Donovan, (D-Day, Cherbourg radar), and Everett Bennett, (only US Artic Battle), etc. The concluding

PARK Continued on Page 2 •

Christmas Fair Set for December 6

By Heidi Duncanson and Karen Mason

The Community Congregational Church will hold its annual Christmas Fair on Saturday, December 6 from 9 a.m. to 2 p.m. at its Parish House, 44 Post Road/Rte. 151 in Greenland.

It’s rumored that Santa will arrive before the lunch hour. His schedule is being closely monitored by the Greenland Volunteer Firemen who will escort him to the Fair.

Lunch is your choice: the traditional roast turkey sandwich with gravy over toast, tasty tomato soup with a grilled cheese sandwich, or chunks-of-meat chili and fresh cornbread. Enjoy coffee or tea with a dessert from the baked goods table.

There is no admission for this community holiday event that will feature two floors of merchandise and activities including a Cookie Walk with hundreds of homemade cookies, a Cake Walk (new this year), handcrafted items made by the church’s Women’s Alliance and others, gifts created by Greenland’s Boy Scout and Girl Scout troops, a jewelry table, gourmet foods, and the ever-popular “Nearly New Room” offering second-hand bargains galore. Also new this year, there will be Byers Choice holiday figurines in the lower level.

The fair’s huge Silent Auction will be the center of the event featuring artwork, handmade items, restaurant gift certificates, passes to area attractions, gift baskets, and more.

Community Congregational Church, a member of the United Church of Christ, was founded by Greenland town



Barbara Hazzard and her granddaughter Brittney run the annual Cookie Walk, one of the highlights of the Greenland Community Congregational Church Christmas Fair, set for December 6, 2014.

leaders in 1706. The church’s sanctuary at 10 Post Road was built 258 years ago and is a familiar landmark at the corner of Route 151 and Portsmouth Avenue. The steeple was recently rebuilt and repainted as part of a Capital Campaign that will also improve handicap access and safety at the church’s Parish House.

Sunday services are held at 10 a.m., led by Rev. Robert Fellows, with Sunday School and childcare available. The church is also a founding congregation of Seacoast Family Promise, runs a weekly food pantry, and is involved in a number of local, national, and international mission efforts.

For more information about the CCC Christmas Fair, contact the church at 603-436-8336 or visit www.communitychurchofgreenland.org.

Making Greenland a Better Place to Live!

By Lorraine Barrows

Greenland women’s club celebrates activities and projects that make Greenland a better place to live!

• **Annual Pie and Crafts Festival**—As this issue of the Grapevine is completed, the Greenland Women’s Club is celebrating another successful completion of its major fundraising event for the year. The annual pie sale and craft fair, held at the Greenland School on the Sunday before Thanksgiving, brings together skilled artisans, expert bakers, and hungry shoppers ready to buy their holiday pies and shop for the holidays. This year’s fair date saw shoppers from all around the area picking up their pie orders, feasting on tasty soups and quiches, filling their shopping bags with unique hand-crafted gifts and greeting friends and neighbors over a delicious piece of pie. All the proceeds from this lively event fund the work of the club throughout the coming year. Congratulations to the committee chairs and their members who worked efficiently and well to bring another year’s event to fruition! The funds generated through the event will be used to continue the Women’s Club’s work in the community.

A sampling of these projects include the following:

• **Donations and support of non-profits and good works**—The club’s funds are spent fulfilling needs in the community and in the Seacoast area. Projects vary from year to year and have included buying and filling book bags for needy students, monthly donations to area food banks, assistance to Greenland Eagle Scout projects, funds for local students to participate in Arts in Reach and self-development programs, homeless relief and soup kitchen assistance, among many others.

• **Citizen of the Year**—Each year the Greenland Women’s Club recognizes an outstanding member of the community, after seeking nominations throughout the town. This year the club recognized Sheila Pratt. A lifelong resident of Greenland, Ms. Pratt was a teacher at Greenland Public School for 40 years. An active member of the Pease Greeters, she also serves as the coordinator of events at the school’s annual Veterans’

LIVE Continued on Page 3 •

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PARK FROM PAGE 1

event was the firing of both cannons, recently refurbished by "Powder Coating Alternatives" of Greenland. These cannons were originally designed and fabricated by Greenland residents Harlan Pratt (deceased) and Nat Hazen. The cannons are half scale, six-pounder replicas. Real cannons, as found on colonial war ships, could fire a ball three inches in diameter, or "grape-shot," up to 1500 yards with devastating effect. The new carriages were made by master craftsmen, who do similar work on the USS Constitution. The oak carriages, crafted and finished by these craftsmen, are truly works of art.

Because of the project, there is now city water on site and available—eventually, to the entire park location; presently only the memorial area has water. Having water made possible the installation of a sprinkler system, which works automatically. The observable result has been a lush green turf, made possible by contractor Hydro Seeding. Other Greenland contractors provided essential heavy equipment, soil and fill material, plumbing expertise, photography, graphic arts assistance, shop carpentry, and catering. This was civic participation at its finest. The Greenland Scout troop cleaned and polished the existing monuments, then made a significant contribution to the ceremony. The Town of Greenland also donated essential assistance and cooperation throughout the construction phase.

Mr. Walt Lang (Lang's Landscape Service), himself a WWII Corsair pilot, and his remarkable family deserve special thanks and recognition. He kept the "train on the track" and coordinated the work of these many contractors. Mr. Lang designed the enlarged stage area and personally supervised its construction. It became a work of art. Mr. Lang's expertise has also been utilized in other memorial projects, including the USS Thresher Memorial in Kittery ME.

As a result of research errors, it was found that inscription errors had been made on the new post-Vietnam memorial monument. The proper correction of these will require the removal of the marker during the winter months; it will be returned to the manufacturer for refinishing. It will be returned and reinstalled in the spring of 2015. A similar problem had existed with the WWI monument, from which, for many years, two names were missing. A bronze addition containing those names has been added to the WWI memorial; it is now believed to be complete.



Above, Ryan Menter sings the National Anthem; below, the 1st Newmarket Colonial Militia hold a musket salute for the raising of the flag. Bottom, Pam Tucker addresses the attendees. Photos by John Hirtle



This project, because of the tens of thousands of dollars in contributions from the citizens and businesses of this community, needs administration. An example of this necessity is the fact that for almost 40 years recognition of Greenland veterans has been largely ignored and undocumented. The GVMC will soon propose to the Board of Selectmen the creation of a commission, trust, or committee that will have a statutory responsibility for park management, maintenance, and utilization. If this should become a "warrant article" next year, your support would be appreciated.



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AD SPECIFICATIONS

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If you have your own advertisement prepared, please make sure it has the following specifications in addition to the proper sizing to make it look as good as possible:

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ABOUT GREENLAND GRAPEVINE

Our Mission

To improve the quality of life in Greenland by informing you of news, events, updates, and opportunities within Greenland so each of us can be a part of the community.

Committee Members

- ▶ Nancy Bassett - Secretary, Content Manager
- ▶ Trudie Bergeron - Director, Copy Editor
- ▶ Barbara Fleming - Proofreader
- ▶ Bette Hirtle - Proofreader
- ▶ John Hirtle - Layout / Advertising
- ▶ Karen Mason - Proofreader
- ▶ Karen Johnson - Director, Copy Editor
- ▶ Margaret Mooers - Proofreader
- ▶ Erica Rahn - Treasurer, Public Relations

Content Policy

- ▶ Articles submitted must include the organization's name and the author's name and telephone number for possible verification prior to publication. They may include e-mail addresses and additional information for a contact person if different than the author.
- ▶ Articles shall be published on a first-come, first-served basis, or as space permits in the *Greenland Grapevine*.
- ▶ The *Greenland Grapevine* may edit or omit any article or advertisement deemed as inappropriate by the Board of Directors.
- ▶ The *Greenland Grapevine* reserves the right to edit articles for content and space limitations without notifying content author.
- ▶ Greenland businesses may submit articles for publication, provided that content is pertinent to the community and is not explicitly promoting the business.
- ▶ The *Greenland Grapevine* makes every attempt to produce accurate content and shall not be held liable for any errors or omissions in articles or advertisements.
- ▶ Graphics must be submitted according to the size of purchased advertisement at 300 DPI resolution. Advertisements that do not meet these specifications are subject to editing or conversion. Advertisement proofs will not be sent to advertiser prior to publication.
- ▶ The due date for the Spring 2015 issue of the *Greenland Grapevine* for content is January 1, 2015. Payment for all ads are expected by this date. A discount is available for advertising in four or more consecutive issues.

Disclaimer

Articles and content do not necessarily represent the views of *Greenland Grapevine* or its committee members. *Greenland Grapevine* makes no warranties, guarantees, or representations of any kind as to the information contained in this newsletter.

Contact Us

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Masthead Image Courtesy of Charlie Evatt

Thank You to Our Donors

By *Greenland Grapevine* Committee

We are funded 100% by advertisers and donors. We thank those who donate to the *Greenland Grapevine*. Please contribute today to keep this newsletter going strong!

Our Military Send Their Appreciation

By Wallace Berg

Nearly everyone on our Seacoast has heard of the "Pease Greeters." What so few know is what the troops think and how they react to those of you who meet every flight, both coming and going, day or night, rain or shine. Also unknown by many is that the "greeter" philosophy is spreading to the homes of countless Americans across our great land. The packages and gifts given to every outbound/inbound service member now number in the hundreds of thousands. For those going over, there is a selection of "handmade and homemade" knitted hats, made by the loving hands of Americans from the far corners of this our great nation. Every deployed American, military or civilian, coming or going, is given a symbolic star from an American flag that has flown over some part of America. Every star has been carefully hand removed by a greeter volunteer, placed in a Zip-loc bag, and given to a boarding individual. The number of stars thus presented exceeds 300,000.

Since 2008 the Greeters have shipped more than 53,000 pounds of toiletry items, snacks/treats, and other hard-to-get items when living in a tent or forward position. The newest addition to the Greeter Force is the FENCE FORCE, a vehicle group that gathers at the East runway take-off fence. Greeters wave the troops farewell by proudly waving tall American flags.

Every flight is greeted by dedicated citizens, who patiently await the passengers' arrival after customs clearance. The passengers are greeted with applause, refreshments, and telephone banks (donated by Whaleback), and free calling. There is then a period when the passengers can meet and be personally greeted by locals.

On troop departure, a closing ceremony—some-time tearful, but always dignified and moving—is held. There are hundreds of photographs taken, a "Hero's Walk," a presentation of our Nation Colors and singing of our National Anthem. The program is closed with a chaplain's blessing. Always a significant part of the program is a ceremonial presentation titled "the shirt off our back"; this is a signed sweat shirt, signed by all the Greeters and presented to commanding or senior officer on that flight. The program is concluded with a salute to the troops and the following words, "We, the old Warriors, salute you, the young Warriors."

Following is correspondence received from the troops; see Web site www.peasegreeters.org, for additional information.

Greeting Team, I just want to thank you all for giving us such a warm welcome back! You don't know how much it meant to us to have the support of our fellow Americans and Veterans. Keep up the great work in New Hampshire and may God bless you all!
—Sgt. Michael J Armstrong

Thank you for what you do to support the troops and the welcome home. That was amazing and I am speaking for everyone. Such an awesome welcome home!!
Flight date 10-9-14. —Bryan Deerman

My son is in the Navy. He gave me your card in case I wanted a CD of his flight picture. I would love to have a copy of this. Flight date 9-4-14. Thank you so much. (Note: my son was very touched by your being there and supporting them.)—Rhonda Sullivan

Thank you for all your organizations good work and help to my daughter and other troops in their deployment. I would also love a copy of cd with pictures of them departing, we were thrilled to be able to be there to see her off. Flight date 10-12-2014. —Phillip D'Acunto, Sr.

Let me, again, express my sincerest appreciation for the patriotic send off the other night. It meant a lot to me and my entire cohort, no doubt. I'm encouraged to share my mailing address with you, primarily to obtain a copy (CD) of the pictures you've taken at the terminal. The flight date: 5 Oct 14. —Lt. Col. Arpad Kisch

Thank you all again so much for everything you do. It's truly amazing. —CPT Katherine Redding, 9-26-14.

LIVE FROM PAGE 1

Day events, and was the person responsible for conceiving and organizing Greenland's Memorial Day parade. After retiring from teaching, Ms. Pratt accepted the position of School District Clerk, continuing to help students, administrators, and staff. Congratulations to Sheila Pratt, Greenland's Citizen of the Year!

- **Greenland Women's Club Scholarship**—An annual scholarship is presented to one of Greenland's students who will seek higher education in the coming school year. This year's scholarship was awarded to Fae Bivona Kayarian, a 2014 graduate of Portsmouth High School.

- **Summer Concert Series**—This summer's concert series celebrated many different styles of music that had area attendees tapping their feet, clapping along, and even up on their feet dancing to the bands. Held on the Town Green, the very visible coming together of residents and guests celebrates all that is good about living in a town that develops a strong feeling of community.

- **Decorating the gazebo for the holidays**

- **Creating a community of connection and social ties**—Although the group works to enhance the town of Greenland and its surrounding areas, the club is also a social gathering, welcoming all interested women in the area to join. Members meet regularly for monthly book discussions, nights out at area restaurants, game nights, and special celebrations on some meeting nights. Meetings are held at the Veterans' Hall on the second Thursday of each month from September through June at 7 p.m. Please contact us at P.O. Box 151, Greenland, NH 03840 or at www.Greenlandwomensclub.org.

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Events at the Weeks Public Library

By Denise Grimse, Director

- News! The library has an official logo! Our logo (pictured right) was designed by John Hirtle of John Hirtle Creative Services in Greenland. We love the logo and its many versions for letterhead, banners, Web site, Facebook, Twitter, and other marketing needs.



**WEEKS
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LIBRARY**

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- Borrow the Early Literacy iPad**
For ages 3 to 6
The staff has loaded this iPad with several apps and eBooks geared toward children learning to read and count. The apps and eBooks require adult assistance so plan some special parent-child time! The iPad does not have access to the Internet. Borrow the iPad for two weeks. The iPad was purchased with the funds from the 2014 David Bourassa Memorial Golf Tournament donation. Must be 18 years old or older, have a valid Driver's License, and a Weeks Public Library card in good standing.

- Teen Tech Help Opportunity**—Teens needed to help adults with their iPads and other devices. Contact Candace at the library if you are interested in participating, 603-436-8548.

Continuing Events for Adults

- Cribbage Nights**—Come join the group for friendly competition! Mondays at 5:00 p.m.
- Monthly Book Discussion**—Copies of the book are available at the library a month before the discussion. The group meets on the third Wednesday of the month at 7:00 p.m.
- Friday Morning Group**—Come play cards; challenge your brain; laugh; and socialize! Fridays at 11:00 a.m.

Special Events for Adults

- Instrumental Holiday Sampler with Bob and Mary Paul**—Wednesday, December 10 at 7:00 p.m. Enjoy an informal night of instrumental versions of traditional holiday folk tunes, hymns, and perhaps a Celtic dance tune or two played on the Celtic harp and hammered dulcimer. Holiday refreshments served.

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 **Greenland Women's Club**
P.O. Box 151
Greenland, NH 03840

Meetings 2nd Thursday at 7 p.m.
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Portsmouth Ave & Rt. 33

Encouraging cooperation, fellowship and service to the community.

New members welcome!
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Call 436-8779 for more information.

Founded 1955

- Classic Movie Night**
Guess Who's Coming to Dinner
© Columbia Pictures Industries Inc.
Monday, December 15 at 6:00 p.m.
Spencer Tracy and Katharine Hepburn are unforgettable as perplexed parents in this landmark 1967 movie about mixed marriage. Both families must sit down face-to-face and examine each other's level of intolerance. In *Guess Who's Coming to Dinner*, director Stanley Kramer has created a masterful study of society's prejudices. This movie is not rated, and runs 107 minutes. Glenn Bergeron introduces the film. Popcorn and soda served.

- Preparing Your Estate Plan presented by Molly C. Ferrara from Bosen & Associates and John St. Pierre from Edward Jones**—Wednesday, January 14 at 6:30 p.m. Learn how to develop a sound estate plan. This free seminar will cover what to consider when creating your will, how to reduce taxes on your estate, the benefits of trusts in estate planning and how insurance can help protect your family.

- Classic Movie Night**
Wait Until Dark
© Warner Bros.
Monday, January 26 at 6:00 p.m.
Wait Until Dark is an innovative, highly entertaining and suspenseful thriller about a blind housewife, Susy (Audrey Hepburn), who must fight for her life against a gang of ruthless criminals, led by the violent, psychotic Harry Roat (Alan Arkin). The climax of the film, a violent physical confrontation between Susy and Roat in her dark kitchen, is one of the most memorable and frightening scenes in screen history. All performances are outstanding, particularly those of Audrey Hepburn who plays a vulnerable, but self-reliant woman, and Alan Arkin, in perhaps his best role, as the ruthless, manipulative Roat. This 1967 film is not rated, and runs 105 minutes. Glenn Bergeron introduces the film. Popcorn and soda served.

- Intro to Photography**
Presented by Kevin Kimble
Wednesday, January 28 at 6:30pm
Learn the basic principles of digital photography through this slide presentation. Many principles can be applied directly to film photography.

- Classic Movie Night**—
Marty
© Metro-Goldwyn-Mayer, Inc.
Monday, February 23 at 6:00 p.m.
Paddy Chayefsky's Oscar-winning slice-of-life drama originated as a live 1953 broadcast directed by Delbert Mann on the Philco-Goodyear Television Playhouse. The movie version, also directed by Mann, replaces the two leads with Ernest Borgnine and Betsy Blair. The movie tells of 24 very important hours in the lives of two lonely people. This 1955 film is not rated, and runs 91 minutes. Glenn Bergeron introduces the film. Popcorn and soda served.

**GREENLAND
GRAPEVINE**

A Quarterly Community Newsletter for the Town of Greenland, NH

Deadlines are: Jan 1, April 1, July 1, Sept 1

To Submit Stories, Photos, Announcements or Ads, E-Mail:
greenlandgrapevine@comcast.net

Children

- NEW! Baby Lap Sit**
Tuesdays, December 2–16 and January 6–February 3 at 10:30 a.m.
Join us for stories, finger plays, and open play. Ages 0 to 24 months. No registration needed.



- Lego Building Days**
Wednesdays, December 3, January 7, and February 4 from 2:00–3:00 p.m.
Come and build with Lego bricks. All builds will be put on display until the next Lego day. Snacks and drinks are allowed. All bricks will stay at the library.



- Family Story Time**
Thursdays, December 4–February 5 at 10:00 a.m.
Join us for stories, songs, and a craft. All ages welcome. No registration needed. No story times December 25 and January 1, 2015.



- Early Release Wednesday**
DDR and Holiday Shrinky Dinks
Wednesday, Dec. 10 from Noon–4:00 p.m.
Dance Dance Revolution will be set up, and the oven will be ready for your holiday Shrinky Dink creations!

- Holiday Party**
Thursday, December 11 from 2:00–3:30 p.m.
Crafts, food, and holiday fun! Sponsored by the Friends of the Library.

- Drop-in Craft Week for Children**
December 15 to 19
A variety of holiday crafts will be available all week in the Children's Room.



- Early Release Wednesday—Movie**
Wednesday, January 14 at Noon
Join us for a movie, popcorn, and punch. The movie and additional details will be announced at the beginning of January.

- Winter Drop-in Craft Week**
Tuesday, January 20–Friday, January 23
A variety of winter-themed crafts will be available for children in the Children's Room.



- Candy Workshop for Grades 4 and up**
Thursday, February 5, 2:00–3:00 p.m.
Sign-ups required so supplies can be purchased. Space is limited. Make a variety of chocolate treats for Valentine's Day.

- Valentine Drop-in Craft Week**
Monday, February 9–Friday, February 13
A variety of Valentine crafts will be available all week for children in the Children's Room.

- Early Release Wednesday**
A Valentine Special Craft on Wednesday, February 11, Noon–3:30 p.m.
Special Valentine crafts will be available.

- Winter Recess Drop-in Crafts**
Monday, February 23–Friday, February 27
A variety of crafts will be available all week for children in the Children's Room.

Watch for our monthly print newsletter and semi-monthly electronic newsletter for changes and additions to the above list of events and for events planned for students in grades 5 and up. For the latest information on our events and news, check our Web site, Facebook posts, and Twitter tweets—several ways to get library news!

Try scanning the QR code with your smart phone to like us from our Facebook page. Login first!



Weeks Public Library, 36 Post Road, Greenland, NH 03840 603-436-8548
weeksp1@comcast.net
www.weekslibrary.org
<https://www.facebook.com/WeeksPublicLibrary>
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Scenes from Sandy Point

Great Bay Discovery Center, located at 89 Depot Road, Greenland NH, may be closed for the season, but its grounds, including a scenic boardwalk and small playground, remain open from dawn to dusk for the public to enjoy. Take care, as the walkways will not be shoveled or salted during the winter season. Special children's programs planned for the winter season include:

Once Upon a Winter Estuary: ages 2-5

Come dressed ready for some winter wonderland fun outdoors from 9:45-11:00 on select Thursdays in January, February and March!

We'll start each program outside with activities, games, and wintery walks. Following our outdoor exploration, we'll move inside to warm with up with a story, craft, and hot cocoa! This series is ideal for youngsters, ages 2-5; \$2 per child participant. Pre-registration is required. Please call 603-778-0015 and ask for Jay or Beth or e mail Beth.Heckman@wildlife.nh.gov.

The dates and activities planned (weather permitting) include:

- ❑ **January 8—The Mitten by Jan Brett—**Who's out and about looking for food this winter? What kind of a winter coat are they wearing? We'll make a camouflage craft to take home. Bundle up for a scavenger hunt outside.
- ❑ **January 22—Snow Balls by Lois Ehlert—**Do you love to go out and play in the snow? Do you think the animals do? Come ready to play in the snow and have some fun. We'll make a craft about snowflakes to take home.
- ❑ **February 5—The Jacket I Wear in the Snow by Shirley Neitzel—**Do you like to get all bundled up in your winter clothes to go out and play? Do animals wear a winter coat? Join us as we learn about what animals "wear" in the winter and then go for a walk while we stay warm in ours. We'll make a snuggly craft to take home.
- ❑ **February 19—Footprints in the Snow by Cynthia Benjamin—**What can your feet do? Although quite different from ours, an animal's feet are neat and quite useful! We'll discover different kinds of feet and their uses, then head outside where we'll identify common animal tracks and make our own as we go through the woods. We'll make a tracking craft to take home.
- ❑ **March 5—It's Winter by Susan Swan—**Is winter your favorite season? Do you like to curl up with a good book and a blanket or would you rather go play in the snow? Join us as we learn about animals and their strategies for surviving the long cold winter. We'll look for signs of animal activity outside.



- ❑ **March 19—Sugaring by Jesse Haas—**Spring is coming and the sap is running! Come join us as we learn about the age-old tradition of making maple syrup and do some taste testing! Do you know which tree is a maple? We'll go for a walk and check our taps.

2015 Winter Bayventure Programs

Geared for children ages 6-11, each Bayventure program will run from 9:30am-3pm, with 14 spaces only. Make your reservations today! \$35 GBS member \$40 N/M. \$5/sibling discount

- ❑ **Animal Autographs—**Wednesday, February 25, or Thursday, February 26—Join us as we look for animals and their "autographs" in different habitats around the Discovery Center... on snowshoes! Over the last couple of years we have identified fisher tracks in the woods and otter tracks on the salt marsh, and we even saw a bald eagle fly by while having our snack. Take part in winter activities and games and make a craft to take home.
- ❑ **Syrup on Snow—**Friday, March 13 (SAU16 Teacher Workshop Day)—The ice is melting and the sap has started to flow! Join us for a day of maple sugaring, and experience how people through the ages have tapped trees. We will see and touch real tree tapping tools used by Native Americans, Colonists, and people today! Try sap straight from the tree, participate in our maple syrup taste test on pancakes for lunch, and make a craft to take home.

Pre-care and aftercare available. Regular camp hours are from 9:30-3:00. Pre-care will be supervised activities in the Discovery Center from 8:30-9:30 a.m. for an additional \$5/child. Aftercare will be an extension of the Bayventure program called Let's G.O. (Let's Get Outside) on the grounds of the Discovery Center from 3:00-5:00 for an additional \$10/child.

Please visit our Web site: www.greatbay.org. For all programs, call 603-778-0015 or e mail beth.heckman@wildlife.nh.gov to register. Send checks payable to Great Bay Stewards to the address below marked ATTN: Beth, Great Bay Discovery Center, 89 Depot Rd, Greenland NH 03840.

A Special Breakfast with a Country View of Moose

By Colleen Cote

You don't want to miss a special breakfast with Santa and Marty the Moose at the Country View Restaurant, located at 692 Portsmouth Avenue, Greenland NH.! They will be there on Saturday, December 13 from 9 a.m. to 1 p.m.

*'Twas the weeks before Christmas and all through the town,
The people were hustling and running around.
The Country View crew was quite busy too,
Preparing for Santa to visit them soon.
The cooks in the kitchen were stirring their pots,
While wait staff was wrapping the presents they'd bought.*

*When all of a sudden they heard a loud noise,
And it wasn't the dishwasher playing with toys.
They ran out the door and looked to the roof,
Not believing their eyes when they saw Marty Moose.
"I'm waiting for Santa," he said. "I could help."
"I know that I'm better than any old elf."
So he sat there and waited, the staff walked away,
Marty willing to stay there until Christmas day.*

*With his sights set on Saturday, December thirteen,
Santa assembled his traveling team.
The reindeer and helpers were all set to go
To the small town of Greenland, despite pending snow.
What time should kids be there? It sounds like such fun.
Well, Santa will be there between nine and one.
The children couldn't wait to see him that day,
And to tell him how well they all had behaved.*

*With the elves by his side and a line out the door,
He told Marty, "I need you, got room for one more."
Marty lit up like the lights on the tree,
And placed jubilant children upon Santa's knee.
What a great pair they made, granting wishes all day,
But when it came to an end, it was back to the sleigh.*

*Marty thought about leaving, but knew he'd miss home,
New Hampshire and Greenland and all that he's known.
And he heard Santa say as he flew out of view,
"Seasons Greetings, Warm Wishes, and Merry Christmas to you!"*

Come join Santa and Marty the Moose for breakfast at the Country View Restaurant in Greenland from 9 a.m. to 1 p.m. on Saturday, December 13!



This Old Church



Work wrapped up on the Greenland Community Congregational Church's steeple repair project on October 10, as steeplejacks reinstalled the weathervane, and cleaned up before heading off to their next towering project.

Photo by John Hirtle

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Do You Have A Story To Share? See it in print in the *Greenland Grapevine!*

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Adopt a Family

By Pati Frew-Waters

Seacoast Family Promise, serving local families with children experiencing homelessness, is offering opportunities for Adopt-a-Family for the Christmas holiday. There are also opportunities to assist with basic shelter needs and supplies as well as clothes, coats etc.



Volunteer opportunities are available for those who wish to give back to their community. Opportunities can be evening or daytime, and for business, individual, or group activities.

Seacoast Family Promise is always looking for active board members who can offer support in finance, grant writing, events, fundraising, and general support throughout the community. Do not hesitate to contact us to discuss any options that you feel may meet your particular needs or desire to serve those in our community who are less fortunate.

Now entering its eleventh year, Seacoast Family Promise is pleased to report that 86% of families completing the program have gone on to stable housing, and some have remained self-sufficient for over nine years. SFP is not your traditional shelter, but rather a no drugs or alcohol, safe environment for families with children who wish to do the necessary work to return to the community as participating members. The program is highly structured with intense case management, financial and budgeting education, and it offers options for training, employment, and housing searches. Over 900 community volunteers and twenty-four faith communities are involved with SFP. This could be your opportunity to join a highly motivated and compassionate group who work to ensure that the local community and future generations will be skilled, healthy, and focused on the vision of family.

For further information, please contact Pati Frew-Waters at sihnnh@comcast.net or 603-658-8448.

Conditions Acupuncture Treats: 1. Fibromyalgia

By David Phreaner

Starting this winter and for the three following issues, Gentle Currents Acupuncture Clinic will offer Greenland residents information on four conditions that acupuncture treats. Included in each is One Patient's Experience. Acupuncture treats a wide range of illnesses, not just these four. Still, it helps to learn about particular conditions and individuals' experiences with them.

Fibromyalgia is one of the most common and troublesome sources of chronic pain, as anyone who has ever had it knows. Acupuncture has treated fibromyalgia quite successfully for years.

In acupuncture the basis of health is the steady, smooth flow of Qi through the meridians or energy channels of the body. When energy blocks occur in the body, they are cleared using acupuncture needling techniques. This restores the flow of Qi—which in turn allows the body to heal and causes pain to decrease or cease.

Indeed, according to WebMD "A recent study showed decreased pain and increased quality of life for fibromyalgia patients who had acupuncture therapy." www.webmd.com

Licensed Acupuncturist Lisa Rothermich notes: "I've treated many patients with fibromyalgia. While each patient reacts differently, complete or nearly complete remission from pain is common, as is improvement in energy. I highly recommend individuals with fibromyalgia to start a course of treatments. Whether or not they seek acupuncture, I also strongly recommend that anyone with fibromyalgia take magnesium and malic acid supplements."

ONE PATIENT'S EXPERIENCE: EILEEN F.—"Three years ago I was diagnosed with fibro-

myalgia, although in retrospect I am sure I had had this disease much longer than that. My symptoms—muscle aches all over, IBS and GERD, "fibro fog," and all 18 points of tenderness—have been mine for a very long time.

"I tried Lyrica, Cymbalta, and Savella. I was at my wit's end; then a good friend suggested acupuncture. To say I was skeptical is an understatement, but I agreed to try it for two months. That was 18 months ago as I write, and I can honestly say that acupuncture has relieved me of much discomfort and pain."

"I still get flare ups, but not nearly as often and not nearly as severe and long lasting as before I came to Gentle Currents. A bonus for me is that acupuncture has also helped with sinus and back pain."

Eileen adds: "I have no idea how acupuncture really works, but I do know that it has helped me to lead a life with much less pain and a much more positive outlook, and I would encourage anyone who has pain management issues to consider acupuncture at Gentle Currents."

Acupuncture treats every person individually. And each individual reacts differently: some not as successfully as Eileen, some with complete pain remission. If you or someone you know is suffering from pain issues, an acupuncturist can help.

Lisa Rothermich, director of Gentle Currents Acupuncture Clinic in Greenland, has been practicing acupuncture for over 20 years. For more information: 603-436-6883 or email@gentlecurrents.com. To view a brief video about acupuncture: www.gentlecurrents.com/acupuncture/aboutAcup.htm.



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Notes From Families First

By Hilary O'Neil

FAMILY FUN NIGHT—Thanks to Well Sense Health Plan, families under stress have been enjoying delicious, healthy dinners prepared by Portsmouth High School's Culinary Department, along with some activity time with Well Sense's mascot, Sunny. If your family could use a night out, with a family-style dinner and a family-friendly activity, join us for Family Fun Night.

THE IMPORTANCE OF PLAY—Encourage sensory play by using balls, sand and water toys, slides, swings, finger paint, and magnets. This play incorporates smell, touch, sound, vision, and movement, and lets the child explore

volume, gravity, and texture. Encourage manipulative play



using playdough, Legos, blocks, and board games. Puzzles, pegboards, beads, and lacing improve a child's eye-hand coordination.

Promote imaginative play with stuffed animals, puppets, kitchen items, and costumes. This encourages creativity, role play, and an opportunity to practice social skills.

Choose play that is appropriate to your child's age level. Opt for toys that can be used in a variety of ways and do not require batteries, as these are sure to last longer and enhance the creativity of your child. Toys do not need to be expensive; as most parents know, it is often the "non-toy"/household items that get the most attention. Rotate toys out so that they remain interesting and fun. Remember: Play is learning and you are your child's first teacher. Come to Families First for our parent-child playgroups, and play!

**TRY THIS:
PUMPKIN PIE
PLAYDOUGH**
—5½ cups flour
—2 cups salt
—8 tsp. cream of tartar
—¾ cup oil
—1½ oz. pumpkin pie spice
—4 cups water

Mix ingredients together. Cook and stir over medium heat until all lumps disappear. Knead dough on floured surface until smooth. Store in airtight container.

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New Medical Director at Families First

By Suzanne Laurent

Dr. Eric Samuel was appointed medical director of Families First Health and Support Center, effective July 1. He came to Families First in December 2013 after practicing as a physician in Florida for 14 years.

The state recently kicked off the New Hampshire Health Protection Program, which will expand Medicaid coverage to as many as 50,000 uninsured state residents through the Affordable Care Act (ACA).



“That has been a godsend,” Samuel said. “So many patients have delayed the care they need.” Samuel said some patients had to save money to get care or had to decide whether to pay the rent or eat over getting a test done. “I get the sense of a sigh of relief from them now,” he said. “We now have the tools and resources to keep people healthy.”

In fiscal year 2013, the Health Center served 4,665 patients. Families First as a whole served more than 6,000, including those seen at the Family Center. Among Health Center patients last year, 30 percent were homeless, 92 percent lived below 200 percent of the federal poverty level, and more than half were uninsured. “That uninsured half may now be eligible for insurance,” Samuel said. “The Health Center’s mission is to provide a medical home for its patients.”

The Health Center has four physicians, five nurse practitioners, a behavioral health specialist, social workers, a certified diabetes educator, a child development specialist, and a nutritionist. Samuel and the other physicians are affiliated with Portsmouth Regional Hospital.

Families First runs monthly specialty clinics with volunteer physicians specializing in dermatology and allergies, and dental clinics with volunteer dentists.

It also has physicians and nurse practitioners from Harbour Women’s Health who come to the Health Center to provide prenatal care for patients, and then deliver the infants at Portsmouth Regional Hospital.

Having a behavioral health specialist on staff is important to Samuel. “I didn’t have that before, and it’s really helpful,” he said. “A lot of patients have other issues going on and they may not feel comfortable just yet confiding in a new physician. We can send them to see the behavioral health specialist during their appointment and that some-

times helps to open the door.” Samuel said that was one of the components of Families First that drew him to Portsmouth.

“One of my goals as medical director is to shore up the seamless integrative model to improve our patients’ and providers’ experiences,” Samuel said. “We want to give our patients the access to care when they need it.” New patients can usually get in to see a primary care provider within a week or two for their first appointment. “If the patient has an acute problem, or was seen for one in the Emergency Room, we will get him or her in for a follow-up appointment in 24 to 48 hours.” Samuel said it’s a matter of retraining patients to call the Health Center when they need care rather than going to the Emergency Room. “They can make an appointment by computer, or call that morning and get a same-day appointment,” he said. “There is also the opportunity to just walk in five days a week.” Beginning in October, the walk-in clinic will be open Saturdays as well.

Community outreach is another goal of Samuel’s. “I want to educate the community so that everyone knows what we offer here,” he said. “If someone is worried about insurance, we have a social worker and insurance enrollment specialists to help navigate the network.”

Samuel also wants to improve the integration of the health care van and the Health Center. The health care van visits several Seacoast communities at scheduled times during the week for the homeless and those in transition. “I’d like to find a way for these people to get to the Health Center if they need to, and not have to wait for the van to come back,” Samuel said.

Samuel is a graduate of the University of Florida and Meharry Medical College in Nashville TN. He completed his residency at Bayfront Medical Center in St. Petersburg FL in 2001, is board certified in family medicine, and is a member of the American Academy of Family Physicians.

He sees the Seacoast community as health-minded. He himself often makes the five-mile run from his downtown residence to Families First on Campus Drive. “People walk more and ride their bikes more here than they did where I was practicing in Florida,” Samuel said.

Reprinted from the Portsmouth Herald.

“Warm Hands, Warm Hearts” Mitten and Blanket Drive

By Susan Wilbur

Dr. Kimberly Higney and the team at Cardea Center for Well-being will be collecting mittens and sets of twin-size blankets for residents of Cross Roads House in Portsmouth. This is the fifth year that Cardea will lead the “Warm Hands, Warm Hearts” initiative, an effort that reaches out to the Seacoast community to support those who can benefit most during the frigid months of the holiday season.

Cross Roads House is New Hampshire’s largest emergency and transitional shelter, protecting men, women, and children of the greater Seacoast area experiencing homelessness from exposure and hunger.

This year, Cardea’s goal is to collect enough sets of mittens and twin-size blankets to gift to each of Cross Roads’ current residents. One third of the residents are children, and there are currently twice as many men in residence, shared Martha Stone, Executive Director of Cross Roads House.

“Each year community involvement and generosity has been more inspiring. We hope to do a little more for Cross Roads again this season and are calling upon our greater Seacoast community to help,” says Dr. Higney.

Donations are being accepted now until December 24 at noon during business hours at Cardea, located at 390 Portsmouth Avenue in Greenland.

About: Cardea Center for Well-being, established on the Seacoast in 2008 by Dr. Kimberly Higney takes a NeuroStructural approach using a precise and gentle chiropractic process to relieve neural system tension and upgrade the body’s physical response to injury and stress. See more information at www.cardeawellbeing.com.

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Little Green Homes Increasingly Popular

By Michael McCord

A recent trend in sustainable housing is also one of the most obvious—building smaller from the beginning.

A case in point is a recently completed home on Kittery Point designed and built by Greenland-based, Little Green Homes. “The family had a home in Portsmouth, but they wanted to downsize quite a bit,” said Jeff Stacy, business partner at Little Green Homes.

Late in 2013, the Portsmouth couple approached Stacy and fellow business partner Chris Redmond with their vision and goals for a new home for their two-adult, one-child family. The result is a comfortable two-story, two-bedroom home totaling 1,150 square feet built with as much recycled and reused material as possible; which included parts from an old barn. The new structure has a cupola, sliding glass door for a wide natural view, and a durable metal roof. It also maximizes space, and leverages insulation to create a comfortable, energy efficient home.

“The family was a big part of the collaboration and it was exciting to bring their ideas to life,” Stacy said. “Part of their goal was to simplify, and they are very happy with the outcome.” Construction began in the spring and the home was ready to occupy in early August.

“We hadn’t had the opportunity to build a house like this before,” he explained. “The homeowners had so many original ideas and details to incorporate like: reclaimed barn boards walls, built-ins, and a suspended cargo net that doubles as a family-size hammock, to

name a few. It was a challenge, budget-wise, to pull it all together, but it was an exciting project and a cool experience.”

Since its founding in 2007, Little Green Homes has lived up to its name in dozens of projects in the greater New Hampshire and southeastern Seacoast region. Redmond is the design guru and Stacy handles the building side of their partnership in a company with six employees. In 2009, Little Green Homes constructed in Portsmouth the state’s first owner-financed Platinum LEED (Leadership in Energy and Environmental Design) home and 28th in the country. The company has barely caught its breath since then due to growing consumer awareness about the long-term values of sustainable construction and remodeling.

Stacy said the marketplace has caught up with the company’s core values of building smaller and more sustainable homes. “We are busier than we have ever been and booked into the winter and beyond,” Stacy said. “We are blown away by the volume of requests and how sustainably imaginative our clients have become.”

More consumers in the Seacoast region and beyond have been drawn to the specialization in residential projects that maximize energy efficiency, health, and durability. Stacy says Little Green Homes has fine-tuned an integrated design-built process to help clients meet all of their goals efficiently, sustainably, and cost effectively.

GREEN Continued on Page 10 •



Good Morning, Greenland



Notes from Greenland Central School

By Peter Smith, Principal

The school year is proceeding well and we are in the midst of many important initiatives to enhance teaching and learning. Noted below are a few important undertakings and accomplishments that I believe would be of interest to the broader Greenland community. Many of these are shared through my monthly newsletter that, along with a wealth of additional information about our school, can be found on our Greenland School Web site at www.sau50.org/gcs.



Important Reminders

• As we gear up for another budget season, our increasing school enrollment generates important discussion about staffing for the 2015/2016 school year. Our current kindergarten class is at 40 students, and our experience tells us that many more will arrive for first grade. I encourage any parent of a student who is enrolled in kindergarten outside of Greenland Central School (GCS), but intends to attend GCS as a first grader, to please contact our school office at 603-431-6723 to enroll now. Knowing the likely number of first graders for next year at this time will help us to appropriately budget, and not get caught in a deficit-funding situation.

• Speaking of the budget, I remind Greenland citizens that attending the upcoming public hearings and deliberative sessions associated with the SB-2 budget process are extremely important in understanding the justification for all proposed school expenditures. Months of careful planning and preparation go in to developing a very responsible budget, and we want all voters to make informed decisions in this regard.

Student Assessment and Data

We are extremely busy this year gearing up for and implementing new student assessments, as well as examining how to best use and manage data regarding student progress and achievement, to positively impact instruction and learning. All schools in New Hampshire are preparing for the new Smarter Balanced state testing which will begin this coming spring. These comprehensive tests in reading and math replace the previous NECAP testing, and will be administered at the computer to students in grades 3–8. The Smarter Balanced assessments are aligned to the new Common Core standards and will challenge students with higher levels of reading comprehension, critical thinking, performance tasks, and more challenging multi-step problem solving. Our previous work in aligning our curriculum and instruction to the new standards, along with recent training specific to the Smarter Balanced protocols, will hopefully have our students well prepared for these important assessments. Additionally, our teachers have been administering the NWEA Measure of Academic Progress assessments since the fall of 2013, which has also provided experience with a computer-based testing format.

Our faculty and staff have, and continue to, focus much of their professional development efforts on utilizing effective and efficient formative and summative evaluations to help individualize and differentiate instruction for a range of abilities and learning styles in each classroom.

All schools in SAU 50 have also been implementing a new student information system, Power School, this year, which will help to consolidate multiple databases and create new efficiencies with regard to school operation.

Stem Science

I imagine many Greenland citizens have heard reference to the emphasis on Science, Technology, Engineering, and Math (STEM) in schools at all levels. Along with the Next Generation Science Standards being adopted throughout the nation, this prompted our Curriculum Integration and Extended Learning Coordinator, Mrs. Sommers, to apply for a STEM education grant through the Clipper Foundation, which supports educational initiatives in SAU 50 and 52. Greenland's grant proposal was one of two that were funded for this school year, and it will support STEM integration in grades 2–6. The specific program for Greenland is Engineering is Elementary (EiE), which was developed at the Boston Museum of Science. Through training, Mrs. Sommers has become a certified instructor in this engaging, project-based program that inspires communication, collaboration, critical thinking, and creativity. This researched-based program subscribes to inquiry learning at an age when students are most open to challenging and creative concepts. In our efforts to meet Common Core State Standards, which emphasize developing "career ready" students, statistics show that STEM-related job growth is three times greater than non-STEM jobs over the past ten years. Over the next decade STEM jobs are expected to grow at an even faster rate.

Box Tops For Education

Community Help Requested—Our school's Greenland Parent Organization (GPO) subscribes to the Box Tops for Education program to raise funds that support many important programs. I am sure everyone has seen the Box Tops for Education coupons affixed to many household products including Betty Crocker, General Mills, Nature Valley, Kleenex, Scott, Hefty, Motts, and Gold Medal flour, to name a few.

Each Box Top is worth 10 cents, and the GPO has raised thousands of dollars over the past eight years of participation in this program. Money received through this program has supported the purchase of technology, reading materials, reading incentive programs, small grants for classrooms, Back-to-School Family Barbecue, and much more.

Here's how you can help. Collect these coupons before throwing away packaging, and when you have collected any quantity deliver them to one of three places: GCS School Office during school hours; Weeks Library, either in the drop box outside or in the Box Top collection bin inside the library; Mail to Greenland Central School—Care of GPO Box Tops, 70 Post Road, Greenland NH 03840.

We thank you in advance for your consideration and any Box Top coupons that may be forthcoming.

School Safety

We continue to devote a great deal of time and attention to proactive preparation regarding health and safety in our building. In coordination with town departments and officials including code enforcement, health, fire, and police, we are doing the utmost to ensure the health and welfare of our students and staff. A recent safety and health inspection of our entire building found us to be in compliance with code and safety requirements. We have conducted fire, lock down, and bus drills to ensure the safety of all school citizens in the event of any type of emergency. Our school-based Emergency Management Team met in September to review our comprehensive Crisis Emergency Plan, which was endorsed by the School Board and reviewed by all staff. We continue to maintain a secure building during our school day and complete a Risk Management Analysis Report each year to ensure we are in compliance with all state and federal requirements.

SAU Leadership

I am pleased to report our new Superintendent of SAU 50, Mr. Salvatore Petralia, has made a wonderful transition, having taken time to meet with all stakeholders as part of his entry plan. Shortly before the start of school, he and a representative committee from the SAU hired a new Assistant Superintendent, Mrs. Kelli Killen. Kelli brings extensive administrative experience to our schools, having served in central office and building principal positions in New Hampshire and Maine. Both Mr. Petralia and Mrs. Killen have been busy observing in classrooms, and meeting with faculty, school boards, and important standing committees in all four towns. Also new to our SAU staff this year are Administrative Assistant April Fox and Data Administrator Lorraine Curtis.

Items In Brief

Barbecue Grill Donation—A big public thank you to the Greenland Lowe's store and manager Boyd Foulds for the recent donation of a new barbecue grill that we will use for many special events including our Back-to-School BBQ, our Student Council-sponsored school-wide cookout, the GPO Mother/Son event, and others. Many thanks also to Greenland resident and Lowe's employee Tom Lyons, and to Greenland parent Heidi Barrett for their role in securing this donation. The new grill will ensure we have safe and efficient equipment to be used by our school personnel and parent volunteers.

Charitable Contributions—Our school community has participated in a number of charitable efforts during the fall months, including our fall sports teams raising nearly \$300 for the American Cancer Society through their Play for the Cure events. Greenland families again this year contributed a large quantity of items through our Treats for the Troops collection, which were presented to the Pease Greeters at our annual Veterans Day assembly. Additionally, our Student Council sponsored a brief food drive for the Greenland Food Pantry, providing a cart full of donations to help stock dwindling supplies. The Student Council and other school entities will participate in other annual holiday charitable programs during the month of December.



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Veterans Day Assembly at Greenland Central School

Photos by John Hirtle



Greenland's Veterans were honored on Thursday, November 6, at a special Veterans Day Assembly at Greenland Central School (GCS). Students met veterans, young and old, in person as they filed down the hallway to the gym where the ceremonies were held.



Student co-emcees Suzie Scharff and John McDonough conducted the comprehensive program admirably, which featured a presentation of colors by the Portsmouth Naval Shipyard's color guard, and a spirited rendition of The Star Spangled Banner by Emily Locandro.



Between video presentations highlighting the dedicated service of the nation's military and veterans, the members of the school community showed their appreciation to the gathered veterans. "A Salute to the Armed Forces" was played by the GCS band where each military branch's unique march was played. The kindergarteners recited the Gettysburg Address, wearing their own renditions of Lincoln's famous stovepipe hat. The staff choir sang "God Bless the USA" followed by the fifth- and sixth-grade band playing "America."

Perhaps the most noteworthy portion of the program was the presentation of donations from GCS students to the Pease Greeters, who meet active servicemen stopping at Pease as they fly to and from war zones overseas.

Following closing remarks from Salvatore Petralia, the new superintendent of SAU 50 schools, students encircled the veterans to sing "The Land of the Free" before the conclusion of the observances.





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News from Greenland's State Representative

By Pam Tucker

LEGISLATIVE UPDATE—During the summer months and throughout the fall, the House and Senate are not in session. We went back in September for a veto session, where three of the governor's vetoes were sustained. The Senate did not override the one Senate bill that the governor vetoed.

STUDY COMMITTEES AND COMMISSIONS—Much of the work accomplished at this time of year is done in legislatively established, often temporary, study committees and other statutory committees. For example, instead of moving a bill along, a committee may determine that there is too much missing information and thus sends the bill to a study committee that will look further into the issue. A study committee normally consists of a few House members and perhaps a Senate member. The scope of the study committee is usually limited to a certain time period for a report and to determine an outcome such as legislation creation.

There are also commissions that are established. The difference between a commission and a study committee is quite simple. A commission has outside groups, not just legislators, as part of it. A study commission on banking may entail appointing a few bankers, the banking commissioner, and perhaps financial institution representatives to be on the board. Commissions

GREEN FROM 7

"We are seeing a greater variety in the size of the projects, from smaller requests to large scale ones," Stacy said. For example, Little Green Homes completed a timber frame screen porch with new windows for a home in Durham and has started a new home in Derry. It is also rehabbing a 19th century, 2,000 square-foot, colonial-style home in Exeter. "We are reinsulating the house, which is going to change the way it functions," Stacy said. "It's going to be very energy efficient and durable, and have much lower maintenance costs."

Little Green Homes is a green-certified business member of the Green Alliance, a Portsmouth organization representing more than 100 local green businesses, along with nearly 4,000 consumer members.

Stacy said the "green" tag is no longer an outlier designation and the real market experience for a growing majority of consumers has eroded the myth of green as too expensive for average homeowners.

"We believed from the beginning that people would get it and they have gotten the message," Stacy said. "No one wants to pay higher energy prices than they have to. Our goal has always been to build houses for clients that we would want to live in."

Find out more about Little Green Homes at <http://littlegreenhomes.com>. Learn about Green Alliance at <http://www.greenalliance.biz>.

may exist for a finite period of time, but may also be ongoing if the need is determined. If one looks at the weekly House calendar, the meetings of committees and commissions are listed, such as the Commission to Study Mental Health Implementation in New Hampshire. These committees and commissions provide important information to your elected officials by investigating issues more closely than during a regular session, and also provide the status of some of our state programs.

ACA IMPLEMENTATION IN NEW HAMPSHIRE

—No matter your position on the ACA (Affordable Care Act) [a.k.a. Obamacare], almost every one of us has been affected by it through a change in health insurance coverage, access, or cost. Having affordable health-care available for all of our citizens is a necessity. A recent study was conducted on the effects of the ACA on the job market by Mercatus Center at George Mason University. The study can be found here: <http://mercatus.org/publication/affordable-care-act-and-new-economics-part-time-work>. The article does an excellent job of showing how the ACA is affecting our job market. As you know, the unemployment rate is fairly low. The information below comes from the Bureau of Labor Statistics through September:

- New Hampshire lost 7,000 jobs in the last four months.
- Fewer NH people have jobs than eight years ago.
- 43,000 more people do NOT have a job.

It is unclear how one policy is affecting the job market, but the report of the study is an interesting read nonetheless.

STATE BUDGET—The state budget information came out in October, showing that our

spending is again going up. The state is not in a deficit position due to the Finance group budgeting \$70 million to replenish our rainy day fund. Having a solid rainy day fund is important to our state for our bond rating and thus the cost of borrowing money. However, the rainy day fund has been mostly spent. We budgeted \$10.5 billion (including federal dollars) for the two years, but if revenues stay on track, we will have spent all of that plus the rainy day fund. The Executive Branch stated we have a surplus. That is correct, but at the current spending levels, we will end up in a deficit situation once again. Just like you plan a household budget and spend only what you have, the state should also operate like that.



END OF TERM—Constitutionally, after the elections, the Legislature meets to "organize" for the next term. The House meets on the first Wednesday of December to swear in the newly elected representatives. An interesting piece of trivia: there is no legislative body (House or Senate) from 12:01 a.m. on the first Wednesday in December until the new body is sworn in later that same day, per Section II Article 3 of the New Hampshire Constitution. Let's hope Vermont doesn't invade us in that small time frame.

Thank you to all of the Greenland residents for supporting me in my re-election bid. Representing our town in Concord has been one of the most rewarding experiences in my life. It has its frustrating moments, but reflecting back on the six years, it was well worth my time to make a positive difference for our community. We will have future challenges and I encourage you to contact me if I can help on any state issues. Thank you, for allowing me to serve—Pam Tucker. 603-531-0085, pamzt@comcast.net.

Gen X'ers Must Juggle a Variety of Issues

Submitted by John St. Pierre, Financial Advisor

If you're part of "Generation X"—the age cohort born between the mid-1960s and the early 1980s, you're probably in one of the busiest phases of your life, as you're well into your working years and, at the same time, busy raising a family. But just as you're "multi-tasking" in your life, you also need to address multiple financial goals.

In seeking to accomplish your key objectives, you may be asking yourself a variety of questions, including the following:

Should I contribute as much as possible to my IRA and 401(k)? In a word, yes. Your earnings on a traditional Individual Retirement Account (IRA) and a 401(k) grow on a tax-deferred basis, so your money can accumulate faster than it would if placed in an investment on which you paid taxes every year. Plus, since you typically make 401(k) contributions with pretax dollars, the more you contribute, the lower your taxable income. And your traditional IRA contributions may be tax-deductible, depending on your income. If you meet income guidelines, you can contribute to a Roth IRA, which provides tax-free earnings, provided you meet certain conditions.

Should I put away money for my kids' college education? It's not easy to fund your retirement accounts plus save money for your children's college education. Still, college is expensive, so if you feel strongly about helping to pay for the high costs of higher education, you may want to explore college funding vehicles, such as a 529 plan, which offers tax advantages.

Should I pay down my mortgage or invest those funds? Most of us dream of freeing ourselves from a mortgage someday. So, as your career advances and your income rises, you may wonder if you should make bigger mortgage payments. On one hand, there's no denying the psychological benefits you'd receive from paying off your mortgage.

However, you may want to consider putting any extra money into your investment portfolio to help as you work toward your retirement goals. Work with your financial advisor to determine what may be most appropriate for your portfolio.

Do I have enough insurance in place to protect my family? You may hear that you need seven or eight times your annual income in life insurance, but there's really no "right" figure for everyone. You may want to consult with a financial advisor to determine how much life insurance is appropriate for your needs.

Am I familiar with my parents' financial situation and estate considerations? Now is the time to communicate with your parents about a variety of issues related to their financial situation and estate plans. The more you know, the better positioned you'll be to provide assistance and support if and when it's needed. Just to name one example, you should inquire of your parents if they've designated a durable power of attorney to make financial decisions for them in case they're ever incapacitated.

By answering these questions, you can get a handle on all the financial issues you face at your stage of life. It may seem challenging, but taking the time now can help you better position yourself to reach your financial goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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COMMUNITY CALENDAR

ONGOING PROGRAMS			
DAY	TIME	EVENT	LOCATION
Monday	9:30 AM	Families First - Toddler Playtime	Families First Portsmouth
Monday	5:00 PM	Cribbage	Weeks Public Library
2nd Monday	6:30 - 8 PM	Friends of the Library Meeting	Weeks Public Library
4th Monday	2 - 4 PM	Alzheimer's Café	Families First, Portsmouth Community Campus
Tuesday	10:00 AM	Families First - Baby Time	Families First, Portsmouth Community Campus
Tuesday	10:30 AM	NEW! Baby Lapsit, December 2-16, 2014, January 6-February 3, 2015	Weeks Public Library
Tuesday	6:00 - 7:30 PM	Parenting Classes	Families First, Portsmouth Community Campus
2nd Tuesday	12 - 1:30 PM	Senior Luncheon	Portsmouth Community Campus
2nd Tuesday	7:00 PM	Greenland Fire Department Business Meetings - Volunteers Welcome	Greenland Fire Department
1st Wednesday	7:00 PM	Greenland Recreation Department	Greenland Central School
3rd Wednesday	7:00 PM	Monthly Book Discussion	Weeks Public Library
Thursday	9:30 AM	Exeter Family Morning Out	Exeter Parks & Rec 603-773-6151
Thursday	10:00 AM	Family Story Time, September 25-November 13, 2014	Weeks Public Library
Thursday	10:00 AM	Family Story Time, December 4, 2014-February 5, 2015	Weeks Public Library
Thursday	4:30-5:40 PM	Gentle Yoga (Most Thursdays)	CCC Parish House
1st, 3rd, & 5th Thursday	9:30 AM	Families First - Parent Recharge	Families First, Portsmouth Community Campus
1st Thursday	2 - 3:30 PM	Caregivers Support Group	Families First, Portsmouth Community Campus
2nd & 4th Thursday	9:30 AM	Parenting Classes	Families First, Portsmouth Community Campus
2nd Thursday	7:00 PM	Greenland Women's Club	Veterans' Hall, Greenland
4th Thursday	12 - 1:30 PM	Senior Luncheon	Portsmouth Community Campus
Friday	9:30 AM	Families First - Preschool Playtime	Families First, Portsmouth Community Campus
Friday	11:00 AM	Friday Morning Group	Weeks Public Library
1st & 3rd Saturday	10:00 AM - 2:00 PM	Winter Farmers' Market @ Rolling Green Nursery, Greenland	Rolling Green Nursery
DECEMBER			
Thursday, December 04, 2014	10:00 AM	Family Story Time, December 4, 2014-February 5, 2015	Weeks Public Library
Saturday, December 6, 2014	9:00 AM-2:00 PM	Christmas Fair at Community Congregational Church	CCC Parish House
Wednesday, December 10, 2014	Noon-4:00 PM	Holiday Shrinky Dinks / Dance Dance Revolution will be set up	Weeks Public Library
Wednesday, December 10, 2014	7:00 PM	Holiday Instrumental with Mary and Bob Paul--Celtic harp and hammered dulcimer	Weeks Public Library
Thursday, December 11, 2014	2:00-3:30 PM	Holiday Party	Weeks Public Library
Saturday, December 13, 2014	9:00 AM-1:00 PM	Breakfast with Santa and Marty Moose at the Country View Restaurant in Greenland	Country View Restaurant, Greenland
Mon-Fri, December 15-19, 2014		Drop-in Craft Week for children--Holiday Crafts	Weeks Public Library
Monday, December 15, 2014	6:00 PM	Classic Movie Night-- <i>Guess Who's Coming to Dinner</i> , Spencer Tracey, Katharine Hepburn, Sidney Poitier	Weeks Public Library
JANUARY			
Thursday, January 01, 2015		GREENLAND GRAPEVINE Due Date for March issue	
Wednesday, January 14, 2015	Noon	Movie at WPL	Weeks Public Library
Wednesday, January 14, 2015	6:30 PM	Preparing Your Estate Plan	Weeks Public Library
Tue-Fri January 20-23, 2015		Drop-in Craft Week for children--Winter Crafts	Weeks Public Library
Monday, January 26, 2015	6:00 PM	Classic Movie Night-- <i>Wait Until Dark</i> , starring Audrey Hepburn, Alan Arkin	Weeks Public Library
Wednesday, January 28, 2015	6:30 PM	Intro to Photography with Kevin Kimble	Weeks Public Library
FEBRUARY			
Thursday, February 05, 2015	2:00 PM	Candy Workshop for grades 4 & up; signups required	Weeks Public Library
Mon-Fri, February 9-13, 2015		Drop-in Craft Week for children--Valentine Crafts	Weeks Public Library
Wednesday, February 11, 2015	Noon-3:30 PM	Special Valentine Crafts	Weeks Public Library
Monday, February 23, 2015	6:00 PM	Classic Movie Night-- <i>Marty</i> , starring Ernest Borgnine and Betsy Blair	Weeks Public Library
Mon-Fri, February 23-27, 2015		Drop-in Craft Week for children--Winter Recess	Weeks Public Library
MARCH			
Monday, March 30, 2015	6:00 PM	Classic Movie Night-- <i>Forbidden Planet</i> , Walter Pidgeon, Anne Francis, Leslie Nielsen	Weeks Public Library

Chowder Luncheons By Lee Pearl

The Women's Alliance at the Community Congregational Church will again host the annual Fish/Corn Chowder Luncheons at the CCC Parish House on Tuesdays, February 24 and March 10 (Election Day) and 24 from 11:30-1:00 p.m. The luncheons include fish and corn chowders, homemade bread, homemade pies, and coffee/tea.

For only \$7, you'll be able to enjoy a community event that should not be missed! Where else can you get haddock fish chowder, homemade bread, coffee, and dessert (no tax, no tip) for this price?



Questions? Please contact Lee Pearl at 603-436-3932 or the church office at 603-436-8336 or GreenlandUCC@myfairpoint.net.

Congregational Church Christmas Pageant By Mark Weaver

The Greenland Community Congregational Church's fifth, sixth, and seventh grade Sunday School classes have been working on this year's Christmas Pageant to be performed immediately after the 10:00 a.m. Worship Service on Sunday, December 21, 2014. This year the Pageant will be loosely based on one of their favorite movies, *The Lion King*. In this child's retelling of the Christmas story, we see how a child's view can be filtered by her love for a small lion. Although the child's retelling

of the story of Jesus' birth gets to be a bit confused, we learn that in the end God's love for us shown through the birth of his Son is the message we all can understand from Christmas. Come join us for this special presentation by all of our Sunday School children.

If you have any questions, please contact the church office at GreenlandUCC@myfairpoint.net or 603-436-8336.

Do You Have A Story To Share? See it in print in the *Greenland Grapevine*!

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